

# The Complementary & Natural Healthcare Council (CNHC)

The UK voluntary regulator for complementary  
healthcare practitioners



Complementary & Natural  
Healthcare Council



accredited register

It is thought that **1 in 4**  
people use complementary  
therapies across the UK



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Nearly 70% of people CNHC  
questioned did not know that  
anyone can practise as a  
complementary therapist **without**  
**any training, qualifications or**  
**insurance**



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# The CNHC's key function is to **act in the public interest**

It is the **only** organisation that was set up with government support and initial funding to provide a UK public register of complementary health practitioners



# Who is regulated?

Practitioners across 16 disciplines

Alexander Technique Teaching • Aromatherapy • Bowen Therapy  
• Colon Hydrotherapy • Craniosacral Therapy • Healing •  
Hypnotherapy • Massage Therapy • Microsystems Acupuncture •  
Naturopathy • Nutritional Therapy • Reflexology • Reiki • Shiatsu •  
Sports Therapy • Yoga Therapy



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**CNHC is** accredited by the  
Professional Standards Authority  
for Health and Social Care (PSA)  
as **the holder of an accredited  
register**

*This means CNHC has met the robust standards set by this  
government-appointed accrediting body*



# Royal Society for Public Health and Professional Standards Authority

recognise that CNHC registrants have an important role to play in the wider healthcare workforce and in meeting the nation's public health priorities

[Click here to view to full report](#)



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***“Both the Government and the Professional Standards Authority (PSA) recommend that when a patient or service user chooses to visit a health or care practitioner who is unregulated, only those on an accredited register are consulted.”***

(Jane Ellison, MP Parliamentary Under Secretary for Health, 2015)

# CNHC's accredited register

Over 6000  
registrants

Over 34,000  
website hits a  
month

Over 53,000  
searches in 2017

**The public** can easily find a  
CNHC registered practitioner  
in their area & they can  
raise concerns if need be

**GMC** guidance confirms that  
doctors can refer patients to  
practitioners on accredited  
registers



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# Standardised Training

The UK government benchmarks for safe and competence practice are set out in **National Occupational Standards (NOS)** for a range of complementary healthcare disciplines.

These standards set out the required:

- knowledge and understanding
- skills to be demonstrated

Training providers use the National Occupational Standards to design and assess training programmes that meet CNHC's requirements



# Eligibility to apply

All practitioners who wish to apply to register with CNHC must demonstrate they have met UK government standards and declare that:

- They have current professional indemnity insurance
- They do not have a criminal record and have not been the subject of any disciplinary or civil proceedings
- There are no health issues that would impact their ability to practise

[Click here for more information on eligibility](#)



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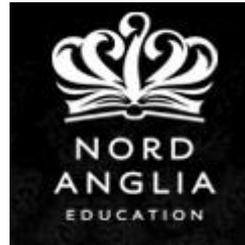
# The CNHC Quality Mark



The public's guarantee  
of standards

All CNHC registered practitioners appear on the **accredited register** and can use the CNHC quality mark





CNHC registration is **widely recognised** and recommended



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monthly newsletter

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